



# Heritage College Sydney

wisdom through knowledge

## PROGRAMS RUN BY HERITAGE COLLEGE SYDNEY TO SUPPORTING STUDENT LEARNING

### PRELIT (IN TRANSITION CLASSES)

(<http://www.multilit.com/programs/prelit-program/>)

PreLit is a skills-based, early literacy preparation program for preschool children in the year before school. It has been designed to complement a play-based learning environment and provides children with a sound foundation for learning to read.

### MINILIT

(<http://www.multilit.com/programs/minilit-program/>)

MiniLit is an evidence-based, effective and cost-effective early literacy program. It is a practical, systematic, explicit and effective model for teaching reading skills. MiniLit targets the bottom 25% of students and is aimed specifically at struggling Year 1 readers, but may also be appropriate for “at risk” Kindergarten, and some struggling Year 2 students. It is a Tier Two, school-based, small group program (up to four students per group) within a Response to Intervention Framework.

### MULTILIT

(<http://www.multilit.com/>) Reading Tutor Program

The MultiLit Reading Tutor Program caters for students who have not acquired the basic skills needed to become functional readers. Children who have failed to learn to read in the first few years of schooling need intensive, systematic reading instruction if they are not to fall further behind, or even become complete non-readers.

Key features:

The Reading Tutor Program reflects a contemporary approach to best practice literacy instruction as identified by international reading scientists and as reflected by the reports of the US National Reading Panel (2000), the (Australian) National Inquiry into the Teaching of Literacy (2005), and the (UK) Rose Report (2006).

Parent testimonials from web site:

*After four years of trying to solve Nicholas' problem, we are absolutely amazed and delighted at the progress he has made in a mere ten weeks!*

*Someone finally cared enough to help our beautiful daughter learn!!*



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## MULTILIT EXTENSION

The Word Attack Skills Extension Program is particularly suited to students who have finished the Reading Tutor Program, but still need help. It is also suited to older students who have learnt basic decoding skills, but are finding it hard to improve their reading to a level where they can access the more academic demands of the curriculum, or who are finding reading laborious, lack fluency or have become de-motivated.

After completing the Word Attack Skills component in the MultiLit Reading Tutor Program many students are able to generalise the strategies they have learnt to all text. However, in some cases students do need further assistance to continue to make progress.

## COGMED

(<http://www.cogmed.com.au/>)

Cogmed is a working memory and attention-training program developed by Torkel Klingberg, a professor of Cognitive Neuroscience at the Karolinska Institute of Stockholm Brain Institute. Cogmed training aims to improve a person's working memory. Working memory is a central intellectual faculty, linked to IQ, ageing, and mental health. Cogmed is an effective means, for treating attention-deficit/hyperactivity disorder (ADHD) and other cognitive disorders, and also to improve intelligence and to enhance cognitive functioning in typical developing children and healthy adults.

## QUICKSMART

(<https://simerr.une.edu.au/quicksmart/pages/index.php>)

The Quicksmart Program is a responsive small-group intervention that aims to develop fluent (quick) and efficient (smart) strategy use for Mathematics. Participating students may have varying levels of learning difficulties due to learning gaps, lack of practice, anxiety, low confidence, or associated behaviour problems.

Parent testimonial from web site:

*"Remarkable! From a little girl who verbalised she was 'dumb' and completed homework for Maths amidst tears to a confident, have-a-go child who now knows she is a good, able, and successful learner! No external gratification/rewards can convince children they can do it. The QuickSmart program has delivered skills and accuracy, underpinned by a 'have-a-go' and 'trust your head' philosophy. ALL K.L.A's at school 'shine' now as my child is now a 'QuickSmart Girl'."*